

Samantha McBride, PsyD

Assistant Professor/ Licensed Clinical Psychologist

Education

May 2004	Bachelor of Arts, Psychology (Criminal Justice Minor) George Washington University	Washington, DC
February 2008	Master of Arts, Forensic Psychology John Jay College of Criminal Justice	New York, NY
August 2010	Master of Science, Clinical Psychology Pacific University School of Professional Psychology (APA- Accredited)	Hillsboro, OR
August 2013	Doctor of Psychology, Clinical Psychology Pacific University School of Professional Psychology (APA- Accredited)	Hillsboro, OR
August 2013	Pre-doctoral Internship Aurora Mental Health Center – Child Track (APA-Accredited Internship) <i>Rotations:</i> Child and Family South, School-Based, and Early Childhood and Family Center	Aurora, CO

Academic Appointments

2020 - June 2025	Senior Instructor University of Colorado – Johnson Depression Center
July 2025- Present	Assistant Professor University of Colorado – Johnson Depression Center

Hospital, Government, or Other Professional Positions

2004 – 2005	Child Care Worker Hope for Youth	Long Island, NY
2005 – 2007	Caseworker for Therapeutic Foster Children Hope for Youth	Long Island, NY
2008	Caseworker II (Preventive Services) MercyFirst	Long Island, NY
2013-2014	Psychologist Candidate Aurora Mental Health Center (Child and Family South)	Aurora, CO
2014-2017	Licensed Clinical Psychologist Aurora Mental Health Center (Child and Family South)	Aurora, CO
2017-2019	Child and Family Therapist/ Licensed Clinical Psychologist Mental Health Center of Denver (Child and Family Outpatient)	Denver, CO
2020 – Present	Senior Instructor University of Colorado – Johnson Depression Center	Aurora, CO

Membership in Professional Organizations

2019 - Present	EMDRIA Member
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2025-Present

APA Member

Licensure and Board Certification

2014 – Present Colorado Psychologist License

2019 – Present New York Psychologist License

Additional Credentials

2014 Completed EMDR Basic Training

2015 – Present Certified Handler for Professional Therapy Dog

2019 – Present EMDR Certified Therapist

2022 – Present EMDRIA Approved EMDR Consultant

2024 – Present EMDRIA Approved EMDR Basic Trainer with The Road Less Traveled and Scaling Up

Invited Extramural Lectures, Presentations, and Visiting Professorships

Stein, M., & **Simon, S.** (2008, May). *Intimate partner homicide: An analysis of motive and crime scene characteristics* [poster session]. Fourth Annual Forensic Psychology MA Research Conference, New York, NY, United States.

Simon, S., & Arnaut, G. (2011, March). *Psychologists' attitudes towards sex offenders* [poster session]. Fourth International Congress on Psychology and Law, Miami, FL, United States.

Bibliography

1. Steidtmann, D., **McBride, S.,** Mishkind, M. (2020). *Experiences of mental health clinicians and staff in rapidly converting to full time telemental health and work from home during the COVID-19 pandemic*. Telemedicine and e-Health.
2. Steidtmann D, McBride S, Mishkind M. (2022). *Patient experiences with telemental health during the COVID-19 pandemic*. Journal of Patient Experience. doi:10.1177/23743735221145077
3. Steidtmann, D., **McBride, S.,** Mishkind, M., & Shore, J. (2024). Examining Burnout and Perspective on Videoconferencing in the Mental Health Workforce. *Telemedicine journal and e-health: the official journal of the American Telemedicine Association*, 30(7), 1892–1895. <https://doi.org/10.1089/tmj.2024.0071>
4. Steidtmann D, **McBride S,** Pew C, Solenske S, Dempsey A, Shore J, Mishkind M. (2024). *Implementation of a computer-assisted cognitive-behavioral therapy program for adults with depression and anxiety in an outpatient specialty mental health clinic*. mHealth.
5. Steidtmann D, McBride S, Mishkind M, Shore J. (2025). *From Couch to Click: Opportunities and Challenges of Hybrid Work Models in Mental Health Care*. Curr Psychiatry Rep. doi: 10.1007/s11920-025-01607-7.